

Dear Students and Parents,

I would like to take this opportunity to introduce myself. My name is R.J. Beach and I teach Physical Education here at GTCHS.

The Physical Education classes will be using the First Baptist Church gym and facilities. The students will be transported in the GTCHS bus each day that we use their facility.

The following supplies will be needed for Physical Education class.

T-shirts	Any color and it must be long enough to tuck into the shorts. <i>NO TANK TOPS</i>
Short	Any color and must be athletic style . <i>No jeans, cargo or pleated shorts.</i>
Tennis shoes	Must have laces that are tied and have backs that cover the heel.
Gym bag	Large enough for all items to fit in.
3-ring notebook	This will be used to organize material during classroom activities.
Notebook dividers with tabs	Please label tabs with: Notes, Homework, Tests, Current Events, Articles, Sport Ed. and SE Skills.

There is a document that needs to be filled out and returned to me as soon as possible. The Health Statement document will be with me at all times in case of an emergency. It is VERY important that medical conditions and contact phone numbers are accurate. I will have a phone with me at all times for such circumstances. The most common situations are allergies, asthma, and bee stings.

I am looking forward to a new school year and working with the students and parents to make this a positive learning environment for everyone. I can be contacted by email rbeach@staff.gtchs.org or by phone at 864-250-8844 ext. 8976. My office hours are from 1:00-2:15 Fridays.

Sincerely,

R.J. Beach

PHYSICAL EDUCATION 1

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COURSE DESCRIPTION

Provide the knowledge to students to make responsible choices regarding their health through physical activity, sport, fitness, and nutrition.

COURSE OBJECTIVES

1. Students will acquire the knowledge of physical fitness concepts.
2. Students will acquire leadership skills through team sports participation.
3. Students will develop an understanding for the significance of lifestyle on one's health and fitness.
4. Students will develop an individual optimal level of physical fitness.

ASSESSMENT

Grading for Physical Education will be determined on each individual's performance, participation, social dynamics, and classroom assignments.

Assessment	Explanation of Assessment
Performance	Not all athletes perform at the same level and should not be evaluated at the same level.
Participation	This is VERY IMPORTANT. This includes having the correct clothing each day. Being involved in the activity, and performing to the best of your ability.
Social dynamics	This includes teamwork, treatment of others in the class, and helping others making the class a positive experience.
Classroom assignments	We will have several hours in a classroom where assignments and test will be given about health, fitness, leadership and sports and rules.

Make-up Work

If you are absent from class, you have five (5) school days (not class meetings) after your return to school to make up missed work. No make-up work will be accepted after this time. Work not turned in on time for any reason other than absence will not be accepted late.

Self-correction

You will have the opportunity to improve your grade on certain assessments through self-correction. I will provide details as these opportunities become available.